



Characteristics that Promote Healing

Dr. DiMartino has observed the following characteristics in patients who have experienced healing.

- They refuse to accept verdicts of doctors who say, "Nothing can be done," or "You have only X number of days, months, years to live."
- They form close partnerships with competent, caring health professionals for support, information and help to satisfy physical, emotional and spiritual needs.
- They seek information to enhance healing.
- They obtain help dealing with emotions of fear, confusion and frustration.
- They develop a new sense of purpose in living.
- They perceive the illness as a wake-up call, a gift that allowed them to change, and for many, to experience well-being and joy in living - and dying.
- They willingly make radical changes to deal with unhealthy environments, jobs, destructive relationships and poor eating habits.
- They offer support to others with cancer.
- They learn to accept the self and others and learn that unlimited power for healing lies within each person.
- They discover that true healing is a divine gift.