

EGD (upper endoscopy) is a test performed under conscious sedation (twilight sleep). A flexible tube (with a video camera) is passed into the mouth and advanced into the stomach. Risks of this test include, but are not limited to; bleeding, infection, pain, medication reactions, cardiac or respiratory arrest which may lead to brain damage or quadriplegia, perforation (tear of internal organs), blood transfusion and its risks, pancreatitis, need for surgery, ICU stay, and rarely death.

*Some procedures are scheduled directly, without an office consultation. However, if you wish to first have a consultation with the doctor in the office, to discuss the procedure, sedation, risks and complications, alternatives etcetera, please notify our office and schedule a clinic visit instead.*

You have been scheduled for an E.G.D. on \_\_\_\_\_

Please register at the Endoscopy Department/GI Lab at: \_\_\_\_\_

To prepare for the procedure, we ask you to follow these directions:

1. **You must arrange for a ride to and from the hospital/surgical center.** You will be sedated for the procedure. The majority of the sedation will wear off prior to your leaving the hospital, but you may not operate an automobile or perform any complex tasks for 24 hours after receiving the sedation. You may not take public transportation after procedure. *Allow 3-4 hours total time for admission, procedure, and recovery.*
2. If you are taking aspirin or any blood thinning medications (Plavix, Persantine, Ticlid or any other anti-platelet drugs, Coumadin or Lovenox), please inform the scheduling nurse when scheduling your procedure. It is important that you discontinue these medications prior to your procedure date as follows:
  - a. Coumadin---5 days
  - b. Plavix, Persantine, or Ticlid---7 days
  - c. Aspirin---5 days
  - d. Lovenox---1 day
  - e. NSAIDs (Aleve, Naprosyn, Advil, Ibuprofen, Motrin)---5 days
  - f. All herbal medications---10 days

**Please check with your Cardiologist or family physician before discontinuing medications.** Patients using Insulin, please contact physician who manages your Insulin.

3. If you are diabetic, do not take oral medications on the day of the procedure (do bring your medication with you). Please speak to your family physician regarding adjusting your insulin dose, if you have not already been given those instructions.
4. **No food or drink should be taken after midnight (the night before your scheduled procedure).** *You may take your regular medications with small sips of water unless otherwise instructed by your physician.*
5. **If you are scheduled in the afternoon,** you may have clear liquids on the day of your procedure until 4 hours before the procedure. (juices, jello with no fruits, clear soups etc)

**If you need to cancel or change your appointment, or if you have any questions, please contact 765-807-0531. Please cancel 3 days in advance to avoid a charge of \$50.00.**

Unity Surgical Center  
1411 S. Creasy Ln., Ste. 200  
Lafayette, IN 47905  
765-446-5000  
(2<sup>nd</sup> floor – Lafayette orthopedic bldg)

Endoscopy Center  
St. Elizabeth **EAST**  
1701 Creasy lane  
Lafayette, IN (use north entrance)  
765-502-4750  
**Please call 423-6443 to pre-register**