

Patient Name \_\_\_\_\_ Birthdate \_\_\_ / \_\_\_ / \_\_\_ Today's Date \_\_\_\_\_

Name of prior physician \_\_\_\_\_ Name and # or location of pharmacy \_\_\_\_\_

What is the main concern that brings you in today? \_\_\_\_\_

Other concerns (list in order of importance) \_\_\_\_\_

**Past Medical History**

Have you had or been treated for any of the following medical problems in the past (If yes, mark box and list approximate date of initial diagnosis) \_\_\_\_\_

- |   | Date  |  | Date  |
|---|-------|--|-------|
| <input type="checkbox"/> High blood pressure                                | _____ | <input type="checkbox"/> GERD or heartburn                     | _____ |
| <input type="checkbox"/> Diabetes: <input type="checkbox"/> require insulin | _____ | <input type="checkbox"/> Irritable bowel syndrome              | _____ |
| <input type="checkbox"/> Heart disease                                      | _____ | <input type="checkbox"/> Ulcerative colitis/Crohn's disease    | _____ |
| <input type="checkbox"/> Stroke/TIA (mini stroke)                           | _____ | <input type="checkbox"/> Colonic polyps or cancer              | _____ |
| <input type="checkbox"/> Asthma   | _____ | <input type="checkbox"/> Bleeding tendency                     | _____ |
| <input type="checkbox"/> High Cholesterol                                   | _____ | <input type="checkbox"/> Venereal disease (STD)                | _____ |
| <input type="checkbox"/> Cancer (include type)                              | _____ | <input type="checkbox"/> Anemia                                | _____ |
| <input type="checkbox"/> Hypothyroidism                                     | _____ | <input type="checkbox"/> Schizophrenia                         | _____ |
| <input type="checkbox"/> Other thyroid problems                             | _____ | <input type="checkbox"/> Bipolar Disease                       | _____ |
| <input type="checkbox"/> Liver disease                                      | _____ | <input type="checkbox"/> Depression                            | _____ |
| <input type="checkbox"/> Kidney disease                                     | _____ | <input type="checkbox"/> Anxiety                               | _____ |
| <input type="checkbox"/> Seizures/Epilepsy                                  | _____ | <input type="checkbox"/> Other psychiatric condition           | _____ |
| <input type="checkbox"/> Migraines  | _____ | <input type="checkbox"/> Gout                                  | _____ |
| <input type="checkbox"/> Alcohol or drug abuse                              | _____ | <input type="checkbox"/> Rheumatoid arthritis                  | _____ |
| <input type="checkbox"/> Glaucoma   | _____ | <input type="checkbox"/> Osteoarthritis                        | _____ |
| <input type="checkbox"/> Environmental Allergies                            | _____ | <input type="checkbox"/> Chronic Pain                          | _____ |
| <input type="checkbox"/> Emphysema/COPD                                     | _____ | <input type="checkbox"/> Fibromyalgia                          | _____ |
| <input type="checkbox"/> Pneumonia  | _____ | <input type="checkbox"/> DVT (clots in legs)                   | _____ |
| <input type="checkbox"/> Tuberculosis                                       | _____ | <input type="checkbox"/> Pulmonary embolism (clot in lung)     | _____ |
| <input type="checkbox"/> Other lung conditions                              | _____ | <input type="checkbox"/> Osteoporosis/Osteopenia               | _____ |
| <input type="checkbox"/> AIDS or HIV(+)                                     | _____ | <input type="checkbox"/> Any other diseases, please list _____ |       |
| <input type="checkbox"/> Ulcer or gastritis                                 | _____ | <input type="checkbox"/> None of the above                     |       |

Please list all your surgeries and year they occurred (reason for surgery if applies)  None

List hospital admissions, date and reason (other than childbirth & above listed surgeries)  None

Please list all current medication (list both daily and as needed medications)  No Prescription Medications

	Name	Dose	Frequency		Name	Dose	Frequency
1				6			
2				7			
3				8			
4				9			
5				10			

Please list allergies to medications including what type of reaction you developed with each  None

**Habits**

Smoking (type & amount per day, # of years) \_\_\_\_\_  Non-smoker

If former smoker, # of years smoked \_\_\_\_\_ date quit \_\_\_\_\_

Alcohol (type & amount per day) \_\_\_\_\_  Non-drinker  
 If former use, date quit \_\_\_\_\_  Drink on rare occasion  
 Caffeine (number of cups per day) \_\_\_\_\_  None  
 Street Drugs (type & amount per day) \_\_\_\_\_  None  
 If former use, date quit \_\_\_\_\_

**Social History**

Marital status  single  married  divorced  widowed  live with male partner  live with female partner  
 Specify number of years in current relationship or since divorced or widowed \_\_\_\_\_  
 Current occupation (specify part or full time) \_\_\_\_\_  
 Previous occupations \_\_\_\_\_  
 Place of birth \_\_\_\_\_  
 Highest level in school \_\_\_\_\_  
 Name, relation, and age of people currently living with you \_\_\_\_\_  
 \_\_\_\_\_

**Family History** If adopted check box  and disregard family history questions except for spouse & children  
 Has any blood relative had any of the following (specify relationship to you & age when diagnosed on space provided)

Relation & Age when diagnosed	Relation & Age when diagnosed
<input type="checkbox"/> Breast Cancer _____	<input type="checkbox"/> Depression _____
<input type="checkbox"/> Colon Cancer/Polyps (specify) _____	<input type="checkbox"/> Anxiety _____
<input type="checkbox"/> Prostate Cancer _____	<input type="checkbox"/> Bipolar Disorder _____
<input type="checkbox"/> Cancer (specify location) _____	<input type="checkbox"/> Schizophrenia _____
<input type="checkbox"/> Diabetes <input type="checkbox"/> require insulin _____	<input type="checkbox"/> Other Mental Illness _____
<input type="checkbox"/> High Blood Pressure _____	<input type="checkbox"/> Alcoholism _____
<input type="checkbox"/> High Cholesterol _____	<input type="checkbox"/> Drug Problem _____
<input type="checkbox"/> Stroke _____	<input type="checkbox"/> Thyroid Problem _____
<input type="checkbox"/> Heart Disease _____	<input type="checkbox"/> Ulcer _____
<input type="checkbox"/> Asthma _____	<input type="checkbox"/> Others Not Listed _____
<input type="checkbox"/> Tuberculosis _____	<input type="checkbox"/> None of the above

Present age or age at time of death	Major medical problems/cause of death/mark if healthy
Mother _____ <input type="checkbox"/> living	_____ <input type="checkbox"/> healthy
Father _____ <input type="checkbox"/> living	_____ <input type="checkbox"/> healthy
Siblings _____ <input type="checkbox"/> living	_____ <input type="checkbox"/> healthy
_____ <input type="checkbox"/> living	_____ <input type="checkbox"/> healthy
_____ <input type="checkbox"/> living	_____ <input type="checkbox"/> healthy
_____ <input type="checkbox"/> living	_____ <input type="checkbox"/> healthy
Spouse _____ <input type="checkbox"/> living	_____ <input type="checkbox"/> healthy
Children _____ <input type="checkbox"/> living	_____ <input type="checkbox"/> healthy
_____ <input type="checkbox"/> living	_____ <input type="checkbox"/> healthy
_____ <input type="checkbox"/> living	_____ <input type="checkbox"/> healthy
_____ <input type="checkbox"/> living	_____ <input type="checkbox"/> healthy

**Review of Systems**

Usual Weight \_\_\_\_\_ #  
 Has your weight been stable in the past year? \_\_\_\_\_ Amt. Gained \_\_\_\_\_ # Amt. Lost \_\_\_\_\_ #  
 Do you exercise regularly? \_\_\_\_\_ Type of exercise, how often and how long each time \_\_\_\_\_  
 Do you eat healthy in general?  yes  no

Have you had any of the following symptoms recently (mark if answer is yes)

- |  |  |   |
|--|--|---|
| <input type="checkbox"/> Fever                     | <input type="checkbox"/> Abdominal pain                    | <input type="checkbox"/> Coughing at night                    |
| <input type="checkbox"/> Fatigue                   | <input type="checkbox"/> Constipation (on a regular basis) | <input type="checkbox"/> Need to be propped up to sleep       |
| <input type="checkbox"/> Decreased appetite        | <input type="checkbox"/> Diarrhea (on a regular basis)     | <input type="checkbox"/> Swelling of legs                     |
| <input type="checkbox"/> Increased appetite        | <input type="checkbox"/> Blood in stool/on toilet paper    | <input type="checkbox"/> Feeling unusually hot                |
| <input type="checkbox"/> Night sweats              | <input type="checkbox"/> Nausea                            | <input type="checkbox"/> Feeling unusually cold               |
| <input type="checkbox"/> Hot flashes               | <input type="checkbox"/> Vomiting                          | <input type="checkbox"/> Seizures                             |
| <input type="checkbox"/> Skin problems             | <input type="checkbox"/> Frequent heartburn                | <input type="checkbox"/> Joint pain / muscle pain             |
| <input type="checkbox"/> Growing or changing moles | <input type="checkbox"/> Hemorrhoids                       | <input type="checkbox"/> Feeling depressed                    |
| <input type="checkbox"/> Visual problems           | <input type="checkbox"/> Problems swallowing               | <input type="checkbox"/> Feeling anxious/nervous              |
| <input type="checkbox"/> Wear glasses or contacts  | <input type="checkbox"/> Frequent urination                | <input type="checkbox"/> Memory loss                          |
| <input type="checkbox"/> Hearing problems          | <input type="checkbox"/> Burning during urination          | <input type="checkbox"/> Suicidal thoughts                    |
| <input type="checkbox"/> Stuffy or runny nose      | <input type="checkbox"/> Blood in the urine                | <input type="checkbox"/> Lack of sex drive                    |
| <input type="checkbox"/> Post nasal drip           | <input type="checkbox"/> Difficulty in starting urine flow | <input type="checkbox"/> Problems falling asleep              |
| <input type="checkbox"/> Sore Throat               | <input type="checkbox"/> Vomited or coughed up blood       | <input type="checkbox"/> Problems staying asleep              |
| <input type="checkbox"/> Hoarseness                | <input type="checkbox"/> Chest pain                        | <input type="checkbox"/> Frequent headaches                   |
| <input type="checkbox"/> Shortness of breath       | <input type="checkbox"/> Palpitation/ fluttering of heart  | <input type="checkbox"/> Weakness of arms or legs             |
| <input type="checkbox"/> Cough                     | <input type="checkbox"/> Ever passed out                   | <input type="checkbox"/> Numbness or tingling of arms or legs |
| <input type="checkbox"/> Wheezing                  | <input type="checkbox"/> Shortness of breath at night      | <input type="checkbox"/> None of the above                    |

**Women Only**

Name of gynecologist if you have one \_\_\_\_\_

Do you wish to have your yearly gynecological exams done at this office?  yes  no

When was the first day of your last period? \_\_\_\_\_

How many days between periods? \_\_\_\_\_

Do you bleed or spot between periods? \_\_\_\_\_

Are your periods heavy? \_\_\_\_\_

Approx. date of last PAP Smear? \_\_\_\_\_  never

Have you ever had an abnormal PAP Smear? \_\_\_\_\_

Date \_\_\_\_\_

Date of last mammogram? \_\_\_\_\_

Date of last bone density scan? \_\_\_\_\_

Type of birth control? \_\_\_\_\_

Number of pregnancies? \_\_\_\_\_

Do you do monthly self breast exams?  yes  no

Any problems? \_\_\_\_\_

**Men Only**

Last rectal / prostate exam? \_\_\_\_\_

Last PSA?(blood test for prostate) \_\_\_\_\_

Impotence? \_\_\_\_\_

Testicular lump? \_\_\_\_\_

Discharge from penis? \_\_\_\_\_

Sexually transmitted diseases? \_\_\_\_\_

Any other problems? \_\_\_\_\_

**Miscellaneous**

Are you sexually active currently? \_\_\_\_\_

If no, have you been sexually active in the past? \_\_\_\_\_

Last time cholesterol was checked? \_\_\_\_\_ What was it? \_\_\_\_\_

Ever had a sigmoidoscopy or colonoscopy? \_\_\_\_\_ When & Why? \_\_\_\_\_

Date of last tetanus shot? \_\_\_\_\_ Date of last pneumonia shot? \_\_\_\_\_

Do you get regular flu shots? \_\_\_\_\_ Have you had hepatitis B vaccines? \_\_\_\_\_

Do you have a living will / power of attorney?  yes  no If you do, please bring a copy for your chart.

Patient's Signature \_\_\_\_\_ Date \_\_\_\_\_

Reviewed By \_\_\_\_\_ Date \_\_\_\_\_