

Medication Dosing Recommendations

Child's Weight Child's Age	Infant's Tylenol® Suspension Liquid 160 mg / 5 mL	Children's Tylenol® Suspension Liquid 160 mg / 5 mL	Children's Tylenol® Meltaways® Chewable Tablets 50 mg each	JR Tylenol® Meltaways® Chewable Tablets 160 mg each
6-11 pounds 0-3 months	ASK A DOCTOR			—
12-17 pounds 4-11 months				—
18-23 pounds 12-23 months				—
24-35 pounds 2-3 years	5 mL	5 mL (1 tsp)	2 tablets	—
36-47 pounds 4-5 years	—	7.5 mL (1.5 tsp)	3 tablets	—
48-59 pounds 6-8 years	—	10 mL (2 tsp)	4 tablets	2 tablets
60-71 pounds 9-10 years	—	12.5 mL (2.5 tsp)	5 tablets	2.5 tablets
72-95 pounds 11 years	—	15 mL (3 tsp)	6 tablets	3 tablets

		Infants' Advil® Concentrated Drops For ages 6-23 months	Children's Advil® Suspension for ages 2-11 years
Active Ingredients		Ibuprofen 50 mg (NSAID)* in each 1.25 mL	Ibuprofen 100 mg (NSAID)* in each 5 mL
Indications		Fever reducer, relieves minor aches and pains due to cold, headaches, and toothaches	Fever reducer, relieves minor aches and pains due to cold, flu, sore throat, headaches, and toothaches
Weight	Age		
		Do not use	Do not use
12-14 pounds	6-11 months	1.25 mL every 6-8 hours not to exceed 4 doses / 24 hours	Use Infants' Advil® Concentrated Drops
18-23 pounds	12-23 months	Use Children's Advil® Suspension	Use Infants' Advil® Concentrated Drops
24-35 pounds	2-3 years		1 tsp every 6-8 hours not to exceed 4 doses / 24 hours
36-47 pounds	4-5 years		1.5 tsp every 6-8 hours not to exceed 4 doses / 24 hours
48-59 pounds	6-8 years		2 tsp every 6-8 hours not to exceed 4 doses / 24 hours
60-71 pounds	9-10 years		2.5 tsp every 6-8 hours not to exceed 4 doses / 24 hours
72-95 pounds	11 years		3 tsp every 6-8 hours not to exceed 4 doses / 24 hours
	12+ years	Use Advil® Tablets or Liqui-Gels®	Use Advil® Tablets or Liqui-Gels®

BENADRYL SYRUP®*(for allergic reactions, itchy hives, seasonal allergies)*

NOT TO BE GIVEN UNDER 6 MONTHS OF AGE

CAN BE REPEATED EVERY 6 HOURS

CAUTION: MAY CAUSE DROWSINESS

Maximum of 4 doses in 24 hours

Weight in Pounds	Dose in mL
12 - 14	2
14.5 - 16	2.5 (1.5 teaspoon)
16.5 - 18.5	3
19 - 21.5	3.5
22 - 24.5	4
25 - 27.5	4.5
28 - 29	5 (1 teaspoon)
29.5 - 41	5.5 - 7
42 - 44	7.5 (1.5 teaspoons)
44.5 - 55	8 - 9.5
56	10 (2 teaspoons)
56 - 84	10 - 15 (2-3 teaspoons)
84 - Adult	15 - 20 (3-4 teaspoons)

ZYRTEC® OR CLARITIN®*(For allergic reactions, itchy hives, seasonal allergies, sinus drip, & nasal congestion)*

NOT TO BE GIVEN IF UNDER 6 MONTHS OF AGE

BEST IF GIVEN BEFORE BEDTIME, ONLY GIVEN

ONCE A DAY CAUTION: MAY CAUSE DROWSINESS

Age	Dose in Teaspoons
6 - 12 months	.25 - .5
1 - 2 years	.5 - .75
3 - 4 years	.75
4 - 5 years	1 - 1.5
6 & older	1.5 - 2

ROBITUSSIN®*(for chest congestion & cough)*

NOT TO BE GIVEN UNDER 2 YEARS OF AGE

CAN BE REPEATED EVERY 4 HOURS AS NEEDED

Maximum of 6 doses in 24 hours

Age	Dose in Teaspoons
2 - 4 years	.5
4 - 6 years	.75
6 - 9 years	1
9 - 12 years	1.5
12 & older	2

MUCINEX® EXPECTORANT GRAPE*(for thick chest & nasal congestion)*

NOT TO BE GIVEN IF UNDER 9 MONTHS OF AGE

CAN BE REPEATED EVERY 4 HOURS AS NEEDED

Maximum of 6 doses in 24 hours

Age	Dose
9 - 12 months	1 mL
12 - 15 months	1.25 mL
15 - 18 months	1.6 mL
18 - 24 months	2 mL
2 - 4 years	.5 - .75 teaspoon
4 - 6 years	.75 - 1 teaspoon
6 - 9 years	1 - 1.5 teaspoons
9 - 12 years	1.5 - 2 teaspoons
12 & over	2 - 3 teaspoons

MUCINEX® FULL FORCE NASAL SPRAY OR MUCINEX® MOISTURE SMART NASAL SPRAY*(for nasal congestion)*

NOT TO BE GIVEN IF UNDER 6 YEARS OF AGE

CAN BE REPEATED EVERY 12 HOURS AS NEEDED

DO NOT USE FOR MORE THAN THREE DAYS

MAXIMUM

Maximum of 2 doses in 24 hours

Age	Dose
6 years and up	2 - 3 sprays per nostril, twice a day

MUCINEX® MINI-MELTS GRAPE*(for thick chest & nasal congestion)*

NOT TO BE GIVEN IF UNDER 12 MONTHS OF AGE

DILUTE IN FOOD OR DRINK OR DIRECTLY ON

TONGUE IF OLDER CHILD

CAN BE REPEATED EVERY 4 HOURS AS NEEDED

Maximum of 6 doses in 24 hours

Age	Dose
12 - 18 months	.5 packet
18 - 24 months	.75 packet
2 years	1 packet
4 years	1.5 packets
6 years	2 packets
9 years	3 packets
12 & older	4 packets

MUCINEX® MINI-MELTS BUBBLE GUM*(for thick chest & nasal congestion)*

NOT TO BE GIVEN IF UNDER 12 MONTHS OF AGE

DILUTE IN FOOD OR DRINK OR DIRECTLY ON

TONGUE IF OLDER CHILD

CAN BE REPEATED EVERY 4 HOURS AS NEEDED

Age	Dose
12 - 18 months	.25 packet
18 - 24 months	.5 packet
2 - 4 years	.75 packet
4 - 6 years	1 packet
6 - 9 years	1 - 1.5 packets
9 - 12 years	1.5 - 2 packets
12 & older	2 - 4 packets

NASONEX®

ABLE TO TAKE 6 MONTHS AND UP

(EVEN THOUGH APPROVED OVER 2 YEARS OF AGE)

FLONASE®

TAKE IF INSURANCE WILL NOT COVER NASONEX

ABLE TO TAKE 6 MONTHS AND UP IF THINK

BENEFICIAL

(EVEN THOUGH APPROVED OVER 4 YEARS OF AGE)

INFANTS ACETAMINOPHEN**Oral Suspension – “New” Concentration**

Weight (lbs)	Age (months)	Dose (mL)
6 - 11 lbs	0 - 3 months	1.25 mL
12 - 17 lbs	4 - 11 months	2.5 mL
18 - 23 lbs	12 - 23 months	3.75 mL
24 - 35 lbs	24 - 36 months	5 mL