

5 Executive Drive, Suite B-1 | Lafayette, IN 47905 | PH: 765.807.0531 | www.LafayetteGastro.com

COVID PCR testing is needed 4-5 days prior to your procedure, even if you're vaccinated

EGD (upper endoscopy) is a test performed under conscious sedation (twilight sleep). A flexible tube (with a video camera) is passed into the mouth and advanced into the stomach. Risks of this test include, but are not limited to; bleeding, infection, pain, medication reactions, cardiac or respiratory arrest which may lead to brain damage or quadriplegia, perforation (tear of internal organs), blood transfusion and its risks, pancreatitis, need for surgery, ICU stay, and rarely death. *Some procedures are scheduled directly, without an office consultation. However, if you wish to first have a consultation with the doctor in the office, to discuss the procedure, sedation, risks and complications, alternatives etcetera, please notify our office and schedule a clinic visit instead.*

You have been scheduled for an E.G.D. on _____ / _____ /20

Please register at the Endoscopy Department/GI Lab at: _____ a.m./p.m. **(LOCAL TIME AT THE FACILITY)**

(Bring all your medication bottles and lab results with you. If you have portable CPAP machine, bring it with you.)

To prepare for the procedure, we ask you to follow these directions:

1. **You must arrange for a ride to and from the hospital/surgical center.** You will be sedated for the procedure. The majority of the sedation will wear off prior to your leaving the hospital, but you may not operate an automobile or perform any complex tasks for 24 hours after receiving the sedation. You may not take public transportation after procedure. You need someone to observe you for at least 4 hours after you reach home. Allow 3-4 hours total time for admission, procedure, and recovery.
2. **Get your Covid PCR test done 4-5 days prior to your procedure.** If you are taking aspirin or any blood thinning medications (Plavix, Persantine, Ticlid or any other anti-platelet drugs, Coumadin or Lovenox), please inform the scheduling nurse when scheduling your procedure. It is important that you **discontinue below medications prior to your procedure date as follows, after obtaining approval from the prescribing physician:**
 - a. **Coumadin---5 days, Pradaxa – 3 days, Eliquis and Xarelto – 2 full days,** Check with your cardiologist first, and ask him/her if you need Lovenox, while you are off these medications.
 - b. Plavix, Persantine, Effient or Ticlid---5 days, Check with your cardiologist / neurologist.
 - c. Aspirin---7 days, Check with your cardiologist / neurologist.
 - d. Lovenox---1 day
 - e. NSAIDs (Aleve, Naprosyn, Advil, Ibuprofen, Motrin)---7 days
 - f. All herbal medications---10 days

Please check with your Cardiologist or family physician before discontinuing medications. Patients using Insulin, please contact physician who manages your Insulin.
3. **If you are diabetic, do not take** oral medications on the day of the procedure (do bring your medication with you). Please speak to your family physician regarding adjusting your insulin dose, if you have not already been given those instructions.
4. **No food or drink should be taken after midnight (the night before your scheduled procedure).** You may take your regular medications (including blood pressure medications, heart medications, chronic pain medications, seizure and anxiety medications with small sips of water unless otherwise instructed by your physician.
5. **If you are scheduled in the afternoon,** you may have clear liquids on the day of your procedure until 4 hours before the procedure. (juices, jello with no fruits, clear soups etc). No dairy or creamer. **STOP CLEAR LIQUIDS AT: _____ A.M.**

() **Unity Surgical Center Lafayette**
1411 South Creasy Lane
Suite #200, Lafayette, IN 47905
(Enter Lafayette Orthopedic Bldg.
Take elevator to second floor
Tel: 765.446.5000 (option 7)
EASTERN TIME

() **Franciscan Health East Hospital Lafayette**
(enter through North Entrance)
Outpatient center
1701 South Creasy Lane
Lafayette, IN 47905
Tel: 765.502.4750 (Option 2)
EASTERN TIME

() **IU White Hosp Monticello**
720 S 6th street
Monticello IN 47960
Enter thru ER door,
Go to registration
Tel: 574.583.1720
EASTERN TIME

() **Franciscan Surg Ctr Crawfordsville**
1660 Lafayette Ave
Crawfordsville, IN 47933
Tel: 765.359.1660
EASTERN TIME

() **Franciscan Rensselaer**
1104 E Grace St
Rensselaer, IN 47978
CENTRAL TIME
Tel: 219.866.2068
CENTRAL TIME

Please bring all your lab tests and previous endoscopy reports. You cannot drive until the next day. You need someone to observe you for at least 4 hours after you reach home. Please call if you do not receive biopsy results in 2 weeks.

No comas o bebas nada después de la media noche. Necesitas un conductor para que te lleve a la casa. Por favor, lee cuidadosamente y entiende todas las instrucciones.