

# **Medication Dosing Recommendations**

Child's Weight Child's Age	Infant's Tylenol® Suspension Liquid 160 mg / 5 mL	Children's Tylenol® Suspension Liquid 160 mg / 5 mL	Children's Tylenol® Meltaways® Chewable Tablets 50 mg each	JR Tylenol® Meltaways® Chewable Tablets 160 mg each
<b>6-11 pounds</b> 0-3 months				_
12-17 pounds 4-11 months		ASK A DOCTOR		—
18-23 pounds 12-23 months				_
<b>24-35 pounds</b> 2-3 years	5 mL	5 mL (1 tsp)	2 tablets	—
<b>36-47 pounds</b> 4-5 years	—	7.5 mL (1.5 tsp)	3 tablets	—
<b>48-59 pounds</b> 6-8 years	_	10 mL (2 tsp)	4 tablets	2 tablets
<b>60-71 pounds</b> 9-10 years	_	12.5 mL (2.5 tsp)	5 tablets	2.5 tablets
72-95 pounds 11 years	_	15 mL (3 tsp)	6 tablets	3 tablets

		Infants' Advil® Concentrated Drops For ages 6-23 months	Children's Advil® Suspension for ages 2-11 years
Active Ingredients		Ibuprofen 50 mg (NSAID)* in each 1.25 mL	Ibuprofen 100 mg (NSAID)* in each 5 mL
Indications		Fever reducer, relieves minor aches and pains due to cold, headaches, and tooth-aches	Fever reducer, relieves minor aches and pains due to cold, flu, sore throat, head- aches, and toothaches
Weight	Age		
		Do not use	Do not use
12-17 pounds	6-11 months	1.25 mL every 6-8 hours not to exceed 4 doses / 24 hours	Use Infants' Advil ® Concentrated Drops
18-23 pounds	12-23 months	1.875 ml every 6-8 hours not to exceed 4 doses/24 hours	3.75 ml every 6-8 hours not to exceed 4 doses/24 hours
24-35 pounds	2-3 years		1 tsp every 6-8 hours not to exceed 4 doses / 24 hours
36-47 pounds	4-5 years		1.5 tsp every 6-8 hours not to exceed 4 doses / 24 hours
48-59 pounds	6-8 years		2 tsp every 6-8 hours not to exceed 4 doses / 24 hours
60-71 pounds	9-10 years		2.5 tsp every 6-8 hours not to exceed 4 doses / 24 hours
72-95 pounds	11 years		3 tsp every 6-8 hours not to exceed 4 doses / 24 hours
	12+ years	Use Advil® Tablets or Liqui-Gels®	Use Advil® Tablets or Liqui-Gels®

### **BENADRYL SYRUP** ®

(for allergic reactions, itchy hives, seasonal allergies) NOT TO BE GIVEN UNDER 6 MONTHS OF AGE CAN BE REPEATED EVERY 6 HOURS CAUTION: MAY CAUSE DROWSINESS

### Maximum of 4 doses in 24 hours

Weight in Pounds	Dose in mL
12 - 14	2
14.5 - 16	2.5 (1.5 teaspoon)
16.5 - 18.5	3
19 - 21.5	3.5
22 - 24.5	4
25 - 27.5	4.5
28 - 29	5 (1 teaspoon)
29.5 - 41	5.5 - 7
42 - 44	7.5 (1.5 teaspoons)
44.5 - 55	8 - 9.5
56	10 (2 teaspoons)
56 - 84	10 - 15 (2-3 teaspoons)
84 - Adult	15 - 20 (3-4 teaspoons)

### **ZYRTEC® OR CLARITIN®**

(For allergic reactions, itchy hives, seasonal allergies, sinus drip, & nasal congestion) NOT TO BE GIVEN IF UNDER 6 MONTHS OF AGE BEST IF GIVEN BEFORE BEDTIME, ONLY GIVEN ONCE A DAY CAUTION: MAY CAUSE DROWSINESS

Age	Dose in Teaspoons
6 - 12 months	.255
1 - 2 years	.575
3 - 4 years	.75
4 - 5 years	1 - 1.5
6 & older	1.5 - 2

### **ROBITUSSIN®**

(for chest congestion & cough) NOT TO BE GIVEN UNDER 2 YEARS OF AGE CAN BE REPEATED EVERY 4 HOURS AS NEEDED

### Maximum of 6 doses in 24 hours

Age	Dose in Teaspoons
2 - 4 years	.5
4 - 6 years	.75
6 - 9 years	1
9 - 12 years	1.5
12 & older	2

#### **MUCINEX® EXPECTORANT GRAPE**

## MUCINEX® FULL FORCE NASAL SPRAY OR MUCINEX® MOISTURE SMART NASAL SPRAY

(for nasal congestion) NOT TO BE GIVEN IF UNDER 6 YEARS OF AGE CAN BE REPEATED EVERY 12 HOURS AS NEEDED DO NOT USE FOR MORE THAN THREE DAYS MAXIMUM

Maximum of 2 doses in 24 hours

Age	Dose	
6 years and up	2 - 3 sprays per nostril,	
	twice a day	

### **MUCINEX® MINI-MELTS GRAPE**

(for thick chest & nasal congestion) NOT TO BE GIVEN IF UNDER 12 MONTHS OF AGE DILUTE IN FOOD OR DRINK OR DIRECTLY ON TONGUE IF OLDER CHILD CAN BE REPEATED EVERY 4 HOURS AS NEEDED

Maximum of 6 doses in 24 hours

Age	Dose
12 - 18 months	.5 packet
18 - 24 months	.75 packet
2 years	1 packet
4 years	1.5 packets
6 years	2 packets
9 years	3 packets
12 & older	4 packets

### **MUCINEX® MINI-MELTS BUBBLE GUM**

(for thick chest & nasal congestion) NOT TO BE GIVEN IF UNDER 12 MONTHS OF AGE DILUTE IN FOOD OR DRINK OR DIRECTLY ON TONGUE IF OLDER CHILD CAN BE REPEATED EVERY 4 HOURS AS NEEDED

Age	Dose
12 - 18 months	.25 packet
18 - 24 months	.5 packet
2 - 4 years	.75 packet
4 - 6 years	1 packet
6 - 9 years	1 - 1.5 packets
9 - 12 years	1.5 - 2 packets
12 & older	2 - 4 packets

### NASONEX®

ABLE TO TAKE 6 MONTHS AND UP (EVEN THOUGH APPROVED OVER 2 YEARS OF AGE)

### **FLONASE**®

TAKE IF INSURANCE WILL NOT COVER NASONEX ABLE TO TAKE 6 MONTHS AND UP IF THINK BENEFICIAL (EVEN THOUGH APPROVED OVER 4 YEARS OF AGE)

(for thick chest & nasal congestion) NOT TO BE GIVEN IF UNDER 9 MONTHS OF AGE CAN BE REPEATED EVERY 4 HOURS AS NEEDED

### Maximum of 6 doses in 24 hours

Age	Dose
9 - 12 months	1 mL
12 - 15 months	1.25 mL
15 - 18 months	1.6 mL
18 - 24 months	2 mL
2 - 4 years	.575 teaspoon
4 - 6 years	.75 - 1 teaspoon
6 - 9 years	1 - 1.5 teapsoons
9 - 12 years	1.5 - 2 teaspoons
12 & over	2 - 3 teaspoons

### INFANTS ACETAMINOPHEN Oral Suspension – "New" Concentration

Weight (lbs)	Age (months)	Dose (mL)
6 - 11 lbs	0 - 3 months	1.25 mL
12 - 17 lbs	4 - 11 months	2.5 mL
18 - 23 lbs	12 - 23 months	3.75 mL
24 - 35 lbs	24 - 36 months	5 mL